

Patient Information for Botox and Fillers

*Botox/Dysport-* Is indicated for the temporary improvement in the appearance of moderate to severe frown lines. You will begin to see improvement approximately 3-5 days after your injection. The treated area will continue to improve for up to **2 weeks** following the injection, and improvement may last up to 4 months

*Cosmetic Fillers-* Cosmetic Fillers are injectable gel including Restylane, Perlane, Juvederm and Radiesse used to correct mid-to-deep wrinkles and folds of the face. You will see improvement immediately. Improvements may last up to 6 months or longer, depending on the product used.

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*1 Week Prior to Treatments-*

- Discontinue products containing aspirin or NSAIDS such as Motrin or Aleve
- Discontinue herbal supplement such as Vitamin E, Flaxseed oil, and Fish Oil

*1 Day Prior to Treatments-*

- Discontinue the use of Retin-A
- If you have a history of cold sores, please start your antiviral medication and continue 1 week after treatment.
- Avoid Alcohol

*After Botox you may experience-*

- Swelling, bruising and/ or redness at injection site
- Headache
- Localized pain
- Temporary inflammation and/or tenderness
- Avoid laying back and or bending over for at least 4 hours immediately following injections
- Avoid exercise for at least 4 hours immediately following your injection
- You may ice the area for 20 minutes on 20 minutes off for up to 4 hours following your injection
- Do not massage/manipulate the area injected, or put on a tight fitting hat

*After Filler you may experience-*

- Swelling, bruising, and/or redness at injection site
- Localized pain
- Inflammation and/or tenderness which may last up to 2 weeks after the injection
- Avoid products containing aspirin and NSAIDS such as Motrin or Aleve, as well as strenuous exercise for 24 hours after your injection
- You may ice the area for 20 minutes on 20 minutes off for up to 4 hours following your injection
- You may use Arnica Montana tablets and/or topical gel for bruising

*Any questions or concerns, please call us at 410-321-8989  
We will follow up with you in 1 week*